

Covington ISD BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar - 1</p> <p>Morning Sausage Roll Syrup Mustard Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Jelly Honey Orange Juice Apple Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 2</p> <p>Yogurt Sausage Link Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Orange Juice Apple Juice Chocolate Milk Strawberry Milk White Milk Jelly Honey</p>	<p>Mar - 3</p> <p>Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Jelly Honey Orange Juice Apple Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 4</p> <p>Yogurt Scrambled Eggs Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Orange Juice Apple Juice Graham Crackers Jelly Honey Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 5</p> <p>Breakfast Pizza Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Orange Juice Apple Juice Jelly Honey Chocolate Milk Strawberry Milk White Milk</p>
<p>Mar - 8</p> <p>Grilled Egg Pattie Biscuit Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Orange Juice Apple Juice Jelly Honey Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 9</p> <p>Yogurt Banana Nut Muffin Blueberry Muffin Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 10</p> <p>Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Strawberry Milk Chocolate Milk White Milk</p>	<p>Mar - 11</p> <p>Breakfast Burrito Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Salsa Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 12</p> <p>Breakfast Bar Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>
<p>Mar - 15</p> <p>Mar - 22</p> <p>Sausage Link Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 16</p> <p>Mar - 23</p> <p>Chicken Patty Biscuit Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Lucky Charms Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 17</p> <p>Mar - 24</p> <p>Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 18</p> <p>Mar - 25</p> <p>Scrambled Eggs Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>	<p>Mar - 19</p> <p>Mar - 26</p> <p>Breakfast Pizza Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk</p>

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Covington ISD
BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 29 Biscuit Cream Gravy Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Frosted Flakes Honey Nut Cheerios Jelly Honey Graham Crackers Apple Juice Orange Juice Chocolate Milk Strawberry Milk White Milk	Mar - 30 Pancake/Stick Syrup Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Jelly Honey Orange Juice Apple Juice Chocolate Milk Strawberry Milk White Milk	Mar - 31 Yogurt Cinnamon Toast Wheat Toast Cinnamon Toast Crunc Lucky Charms Honey Nut Cheerios Graham Crackers Jelly Honey Orange Juice Apple Juice Chocolate Milk Strawberry Milk White Milk		

Covington ISD Elementry Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1 Chef Salad Haystacks Corn Salad Ranch Dressing Mandarin Oranges Orange Apple Banana Chocolate Milk Strawberry Milk White Milk Mustard Ketchup Mayonnaise	Mar - 2 Chef Salad Chicken Strips Chicken Pilaf Broccoli and Cheese Salad Wheat Bread Apple Orange Banana Chocolate Milk Strawberry Milk White Milk Ranch Dressing Ketchup	Mar - 3 Chef Salad NACHOS WITH GRO PINTO BEANS Salad Ranch Dressing Peanut Butter Bars Rosey Applesauce Apple Orange Banana Chocolate Milk Strawberry Milk White Milk	Mar - 4 Chef Salad CHICKEN AND NOOD Crackers Veggie Dippers Salad Rice Krispies Treat Mandarin Oranges Apple Orange Banana Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Mar - 5 Fish Tater Tots Corn Creamy Cole Slaw Spinach Wheat Bread Salad Juice Bar Chocolate Milk Strawberry Milk White Milk Ranch Dressing Tartar Sauce Ketchup
Mar - 8 Chef Salad Corn Dog Ranch Style Beans Chips Salad Mandarin Oranges Banana Orange Apple Chocolate Milk Strawberry Milk White Milk Ketchup Ranch Dressing Mustard	Mar - 9 Chef Salad Chicken Rings Tater Tots Corn Salad Wheat Bread Peanut Butter Bars Mandarin Oranges Apple Orange Banana Chocolate Milk Strawberry Milk White Milk Ranch Dressing Ketchup	Mar - 10 Chef Salad MEAT LOAF Mashed Potatoes Spinach Blackeye Peas Salad Ranch Dressing Wheat Bread Apricots Jello with Pears Apple Orange Banana Chocolate Milk Strawberry Milk White Milk	Mar - 11 Chef Salad Cheese Quesadilla Piz PINTO BEANS Salad Rice Krispies Treat Rosey Applesauce Apple Orange Mandarin Oranges Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Mar - 12 Bar-B-Que on a bun Chips Baked Beans Salad Mandarin Oranges Juice Bar Chocolate Milk Strawberry Milk White Milk Ranch Dressing Ketchup
Mar - 15 Mar - 22 Chef Salad Hot Dog Sun Chips Pork and Beans Salad Chocolate Chip Cookie Orange Apple Banana Mandarin Oranges Chocolate Milk Strawberry Milk White Milk Mustard Ranch Dressing Ketchup	Mar - 16 Mar - 23 Chef Salad Barbecue Rib Macaroni and Cheese Ranch Style Beans Salad Ranch Dressing Wheat Bread Peanut Butter Bars Rosey Applesauce Orange Apple Banana Chocolate Milk Strawberry Milk White Milk	Mar - 17 Mar - 24 Chef Salad HAM SANDWICH VEGETABLE SOUP Salad Ranch Dressing Peanut Butter Bars Mandarin Oranges Apple Orange Banana Chocolate Milk Strawberry Milk White Milk	Mar - 18 Mar - 25 Chef Salad Ground Beef /Macaroni Corn Salad Wheat Bread Ranch Dressing Peanut Butter Bars Mandarin Oranges Apple Orange Banana Chocolate Milk Strawberry Milk White Milk	Mar - 19 Mar - 26 Chicken Patty on Whe FRENCH FRIES Baked Beans Burger Salad Ranch Dressing Mandarin Oranges Juice Bar Chocolate Milk Strawberry Milk White Milk Mayonnaise Mustard Ketchup

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Covington ISD
Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 29 Chef Salad Cheeseburger Baked Beans Tater Tots Salad Ranch Dressing Mandarin Oranges Banana Apple Orange Chocolate Milk Strawberry Milk White Milk Mustard Ketchup	Mar - 30 Chef Salad Tuna Salad Sandwich PB&J Sandwich Cheese Stick Salad Veggie Dippers Sun Chips Mandarin Oranges Apple Orange Banana Ranch Dressing Chocolate Milk Strawberry Milk White Milk	Mar - 31 Chef Salad Chicken Strips Green Beans Au Gratin Potatoes Wheat Bread Salad Ranch Dressing Mandarin Oranges Orange Banana Apple Chocolate Milk Strawberry Milk White Milk		

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