



COVINGTON ISD

May Lunch Menu 7th-12th

Offered Daily
 Seasonal- Fresh Fruit
 1% White Or Fat Free Flavored Milk
 Garden Salad
 Buttermilk Ranch Dressing

Monday	Tuesday	Wednesday	Thursday	Friday
		May 1. <u>Restaurant Style Pizza</u> Pepperoni/Cheese/Hamburger <u>Yogurt and Cheese Plate</u> Seasoned Corn Mixed Chilled Fruit Cinnamon Roll (H.S Only)	May 2. <u>Build Your Own Taco</u> <u>Ground Beef/ Chicken Fajita</u> <u>8in Flour Tortillas/ (2) Crispy Shells</u> Spanish Rice/ Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa/ Jalapeño/ Pico De Gallo	May 3. <u>Jalapeno Popper</u> <u>Chicken Sandwich</u> <u>Crunchy Fish Taco</u> Sweet Potato Fries Creamy Coleslaw Chilled Tropical Fruit Ketchup/Mayo/Mustard
May 6. <u>Cheesy Chicken & Rice</u> <u>BBQ Meatballs</u> W/ Steamed Rice California Blend Vegetables Chilled Peaches WG Rolls Cho. Chip Cookie (H.S Only)	May 7. <u>Sweet-N-Sour Chicken</u> W/ Fried Rice <u>Chicken Teriyaki</u> Stir-Fry Cabbage 100% Fruit Slush Cup Egg Roll	May 8. <u>Restaurant Style Pizza</u> Pepperoni/Cheese/Spicy Pepperoni <u>Baked Potato Bar</u> Diced Ham/Chicken Fajita Seasoned Corn Green Onion/Shredded Cheese	May 9. <u>Cheesy Chicken Quesadilla</u> <u>Tamale Chicken and Cheese</u> Refried Beans Lettuce and Tomato Salad 100% Fruit Slush Cup Jalapeno/Salsa/Sour Cream	May 10. <u>Chicken & Waffles</u> <u>Pancakes & Sausage</u> Hash Browns Veggie Cups Rosy Applesauce Syrup
May 13. <u>Hot 'N' Spicy Popcorn</u> <u>Chicken</u> <u>Golden Crispy Chicken Nuggets</u> Mashed potatoes Green Beans Chilled Mixed Fruit WG Roll/ Cream Gravy	May 14. <u>Spaghetti w/Meatballs</u> <u>Chicken Parmesan Bites</u> <u>w/ Spaghetti</u> Italian Blend Vegetables Carrot Sticks W/ Ranch 100% Fruit Slush Cup Garlic Bread Stick	May 15. <u>Personal Pan Pizza</u> Pepperoni/Cheese <u>Frito Pie</u> Cucumber and Tomato Salad Cheesy Broccoli Mandarin Oranges Cinnamon Roll (H.S Only)	May 16. <u>Beefy Nacho</u> <u>Chicken Soft Taco</u> Cilantro Rice/ Charro Beans Mexican Street Corn Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno/ Salsa /Sour Cream	May 17. <u>Hamburger</u> <u>Hot Dog</u> Chips Baked Beans Chilled Pineapple Tidbits Ketchup/Mustard/ Mayo
May 20. <u>Cheesy Chicken MAC</u> <u>Tater Tot Casserole</u> Glazed Carrots Green Peas Chilled pineapples WG Roll Strawberry Shortcake (H.S Only)	May 21. <u>Sweet-N-Sour Meatballs</u> <u>Chicken Lo Mein</u> Steamed Rice Asian Stir-Fry Vegetables 100%Fruit Slush Cup WG Roll	May 22. <u>Restaurant Style Pizza</u> Pepperoni/Cheese/Bufalo Wing <u>Grilled Cheese & Tomato Soup</u> Seasoned Corn Chilled Peaches	May 23. <u>Build Your Own Burrito</u> <u>Ground Beef/ Chicken Fajita</u> <u>Cheese Sauce</u> <u>8in Flour Tortillas</u> Spanish Rice/ Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa/ Jalapeño/ Pico De Gallo	May 24. <u>Turkey Sub</u> <u>PB&J Sandwich</u> Baked Chips Carrot Sticks W/ Ranch Chilled Fruit