



MAY 2018

Covington ISD

7th – 12th Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	SPAGHETTI MEAT SAUCE CREAMY CHICKEN ALFREDO Glazed Carrots Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	PIZZA (Home-style) (Cheese/Pepperoni/Hamburger) LOADED BAKED POTATO w/ROLL (Diced Ham Topping) Seasoned Green Beans Cucumber Chips w/Ranch Chilled Mandarin Oranges Green Onions	BEEFY NACHO FRITOS CALIENTE CHICKEN Spanish Rice Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno / Salsa Sour cream (HS ONLY)	SLOPPY JOE CRISPY FISH NUGGETS w/ROLL Seasoned Fries Chilled Pineapple Tidbits Ketchup
7	8	9	10	11
SALISBURY STEAK HONEY LEMON BAKED CHICKEN Scalloped Potatoes Green Peas Baked Cinnamon Apples WG Rolls Strawberry Short Cake (HS ONLY)	JAMMIN' CHICKEN JAMBALAYA CHICKEN & SAUSAGE GUMBO w/RICE Creole Green Beans Yellow Squash 100% Fruit Slush Cup WG Crackers	PIZZA (Home-style) (Cheese/Pepperoni/Hawaiian) LOADED BAKED POTATO w/ROLL (Homestyle Chili Topping) Seasoned Corn Chilled Mixed Fruit WG Rolls Cheese/Green Onions	CHICKEN QUESADILLA SOFT BEEF TACOS Spanish Rice / Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa /Jalapeno Shredded cheese Sour Cream (HS ONLY)	KICKIN' BBQ CHICKEN SANDWICH CHICKEN PHILLY French Fries Romaine & Spinach Garden Salad Blushing Pears
14	15	16	17	18
ROASTED RANCH CHICKEN SWEDISH MEATBALLS Steamed Rice Green Peas Rolls Peach Pie (HS ONLY)	TERIYAKI CHICKEN SWEET N SPICY CHICKEN Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup Fortune Cookie Rolls	PIZZA (Home-style) (Pepperoni/Cheese) LOADED BAKED POTATO w/ROLL (Diced Ham Topping) Carrot Sticks Steamed Corn Cheese/Green Onions	CHICKEN NACHOS BEEF TACO PIE Spanish Rice Refried Beans 100% Fruit Slush Cup Jalapeno / Salsa Sour Cream (HS ONLY)	MAC N CHEESE BAR Cheddar Mac N Cheese Three Cheese Mac N Cheese Ground Beef/ Chicken Fajita/ Popcorn Chicken Green Peas Steamed Broccoli Siracha Sauce Salsa / Salsa Verde
21	22	23	24	25
CHICKEN TENDERS STEAK FINGERS Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy Apple Crisp (HS ONLY)	CHICKEN PARMESAN w/SPAGHETTI SPAGHETTI & MEATBALLS Italian Blend Vegetables Romaine & Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	PIZZA (Home-style) (Cheese/Pepperoni/Hawaiian) LOADED BAKED POTATO w/ROLL (Chopped Beef Topping) Seasoned Green Beans Carrot Sticks w/Ranch Chilled Mixed Fruit WG Rolls Cheese / Green Onions	TWIN CRISPY TACOS (2) SOFT CHICKEN TACOS (2) Seasoned Black Beans Spanish Rice Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese Sour Cream (HS ONLY)	MAC RIB SANDWICH TEXAS CHILI MAC French Fries Seasoned Corn Chilled Tropical Fruit WG Roll Ketchup
28	29	30	31	
CHICKEN SPAGHETTI COUNTRY CHICKEN FRIED STEAK Mashed Potatoes Broccoli Normandy Chilled Peaches Gravy / WG Rolls Chocolate Chip Cookie (HS Only)	CHILI CHEESE FRIES FRITO PIE Mixed Vegetables Romaine & Spinach Garden Salad 100% Fruit Slush Cup WG Rolls	PIZZA (Home-style) (Cheese/Pepperoni/Supreme) LOADED BAKED POTATO w/ROLL (Chicken Fajita Topping) Cheesy Broccoli Romaine & Spinach Garden Salad Blushing Pears Cheese/Green Onions	TACO-GO BAR Tortilla Chips / Doritos Ground Beef / Chicken Fajita Cheese Sauce Spanish Rice Charro Beans Mexican Street Corn Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno / Salsa Sour Cream (HS ONLY)	SLOPPY JOE CRISPY CORN DOG Seasoned Fries Carrot Sticks w/Ranch Rosy Applesauce Ketchup / Mayo / Mustard

ALL SIDE ITEMS ARE OFFERED WITH EVERY ENTRÉE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY					
OFF THE GRILL	HAMBURGER CHEESEBURGER Burger Salad Seasoned Fries Mayo / Mustard / Ketchup	HAMBURGER BACON CHEESEBURGER Burger Salad Sun Chips Mayo / Mustard / Ketchup	HAMBURGER CHEESEBURGER Burger Salad Tator Tots Mayo / Mustard / Ketchup	HAMBURGER JALAPENO POPPER CHEESEBURGER Burger Salad Sun Chips Mayo / Mustard / Ketchup	HAMBURGER CHEESEBURGER Burger Salad Sweet Potatoes Fries Mayo / Mustard / Ketchup
SALADS	YOGURT SNACK PACK	CHEF SALAD w/CHICKEN FAJITA	YOGURT SNACK PACK	LOCO DORITO CHICKEN TACO SALAD	CHEF SALAD w/HAM
CHICKEN EXPRESS	CHICKEN CHUNKS POPCORN CHICKEN WG ROLL HOT N SPICY CHICKEN SANDWICH	CHICKEN CRISPITO w/BEANS CHICKEN STRIPS WG ROLL CRISPY CHICKEN SANDWICH	POPCORN CHICKEN CHICKEN CHUNKS WG ROLL HOT N SPICY CHICKEN SANDWICH	CHICKEN CRISPITO w/BEANS CHICKEN STRIPS WG ROLL CRISPY CHICKEN SANDWICH	POPCORN CHICKEN CHICKEN STRIPS WG ROLL HOT N SPICY CHICKEN SANDWICH

Meal Prices
Student \$2.35
Adult \$3.50

SERVED DAILY SEASONAL
FRESH WHOLE FRUIT
1% WHITE OR FAT FREE FLAVORED MILK ROMAINE GARDEN SALAD
BUTTERMILK RANCH DRESSING