

September 2018

7th & 8th

COVINGTON ISD

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 3 | 4 | 5 | 6 | 7 |
| No School | TOP YOUR OWN LASAGNA Classic Marinara Lasagna Alfredo Lasagna Meatballs/Chicken Fajita Popcorn chicken ITALIAN MEATBALL SUB Italian Green Beans Romaine Garden Salad | RESTAURANT STYLE PIZZA (Cheese/Pepperoni/Bufalo) BAKED POTATO BAR w/Roll Diced Ham/ Fajita Chicken Cheesy Broccoli Seasoned Corn Chilled Mixed Fruit | BEEFY QUESADILLA GREEN CHILE CHICKEN TACOS (2) Spanish Rice / Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese/Sour Cream | JALAPENO POPPER CHICKEN SANDWICH CHEESEBURGER French Fries Burger Salad Chilled Fruit Ketchup/Mayo/Mustard |
| 10 | 11 | 12 | 13 | 14 |
| KING RANCH CHICKEN BBQ MEATBALLS Steamed Rice California Blend Vegetables Romaine Garden Salad Chilled Peaches WG Rolls Choc Chip Cookie | ASIAN SWEET-N-SOUR CHICKEN ASIAN GINGER CHICKEN w/ Rice (Steamed Brown) Stir-Fry Vegetables Romaine Garden Salad 100% Fruit Slush Cup WG Rolls | RESTAURANT STYLE PIZZA (Cheese/Pepperoni/Supreme) HAM & CHEESE GRABABLE Seasoned Corn Romaine Garden Salad Blushing Pears | CHEESY CHICKEN NACHO HOT TAMALES w/Chili Sauce Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream | BUFFALO CHICKEN SANDWICH CLASSIC HAMBURGER Waffle Fries Carrot Sticks/Burger Salad Rosy Applesauce Ketchup/Mustard/Mayo |
| 17 | 18 | 19 | 20 | 21 |
| GOLDEN CRISPY CHICKEN NUGGETS Mashed Potatoes Green Beans Chilled Mixed Fruit WG Roll/Cream Gravy Apple Crisp | ITALIAN SPAGHETTI W/ZESTY MEAT SAUCE ROASTED Squash Carrot Sticks 100% Fruit Slush Cup Garlic Butter Roll | PERSONAL PAN PIZZA (Cheese/Pepperoni) BAKED POTATO BAR w/Roll Diced Ham/ Chicken Tenders Cheesy Broccoli Romaine Garden Salad Watermelon/Mandarin Oranges | BEEFY NACHO MEXICAN LAYERED LASAGNA Spanish Rice / Charro Beans Mexican Street Corn Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream | BBQ RODEO CHEESEBURGER Crispy Tater Tots Cucumber Chips Romaine Garden Salad Chilled Pineapple Tidbits Ketchup/Mustard/Mayo |
| 24 | 25 | 26 | 27 | 28 |
| MOMMA'S CHICKEN SPAGHETTI TATER TOT CASSEROLE Glazed Orange Carrots Green Peas Romaine Garden Salad Chilled Pineapples WG Rolls Strawberry Shortcake | SWEET-N-SOUR MEATBALLS TERIYAKI CHICKEN STIR-FRY Rice (Steamed) Brown Asian Stir-fry Vegetables Romaine Garden Salad 100% Fruit Slush Cup WG Roll | RESTAURANT STYLE PIZZA (Cheese/Pepperoni/Spicy Pep) ITALIAN CALZONE GRABABLE Green Beans Seasoned Corn Romaine Garden Salad Chilled Peaches | BUILD YOUR OWN BURRITO Ground Beef/ Fajita Chicken Cheese Sauce 8in Flour Tortillas Spanish Rice / Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa /Jalapeno/ Sour Cream Pico de Gallo/ Shredded Cheese | CLASSIC HAMBURGER CRISPY CORN DOG BBQ Baked Beans Seasoned French Fries Burger Salad Chilled Peach Cup Ketchup/Mustard/Mayo |

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|------------------------|--|---|--|---|--|
| OFF THE GRILL | Personal Pan Pizza | CLASSIC HAMBURGER Burger Salad Sun Chips Mayo , Mustard , Ketchup | BBQ RODEO CHEESEBURGER Burger Salad Tater Tots Mayo , Mustard, Ketchup | GRILLED HOT DOG Burger Salad Sun Chips Mayo, Mustard, Ketchup | BBQ GRILLED CHICKEN SANDWICH Burger Salad Mayo , Mustard, Ketchup |
| CHICKEN EXPRESS | HOT N SPICY CHICKEN SANDWICH SEASONED FRIES | CHICKEN STRIPS/ WG ROLL | CHICKEN FRIES CRISPY TATER TOTS | CHICKEN CRISPITO W/CHEESE SAUCE | CHICKEN NUGGETS W/ Roll |
| Salads | Yogurt Snack Pack | Chef Salad W/ Crispy Tenders | Yogurt Snack Pack | Beef Taco Salad | Chef Salad W/ Diced Ham |



SERVED DAILY
SEASONAL- FRESH FRUIT
1% WHITE OR FAT FREE FLAVORED MILK
ROMAINE GARDEN SALAD
BUTTERMILK RANCH DRESSING

This Product is funded by USDA. This institution is an equal opportunity provider.