



MAY 2018

Covington ISD

PK – 12th Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	<u>SCRAMBLED OMELET</u> w/Buttered Toast <u>SUPER GLAZED DONUT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>COCO PUFF PARFAIT</u> <u>OATMEAL</u> w/Cinnamon Buttered Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>CHOCOLATE MUFFIN</u> <u>SAUSAGE BISCUIT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>SMOOTHIE</u> w/Graham Crackers <u>BREAKFAST TACO</u> (BACON & EGG) <u>CEREAL</u> w/Cinnamon Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly
7	8	9	10	11
<u>BREAKFAST PIZZA</u> <u>MINI PANCAKES</u> <u>CEREAL</u> w/Cinnamon Buttered Toast Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BREAKFAST NACHOS</u> <u>HOMESTYLE CINNAMON ROLL</u> <u>CEREAL</u> w/Buttered Toast Fresh Fruit Chilled Fruit 1% Plain White & FF Flavored Milk Salsa	<u>CHICKEN-N-WAFFLE STICKS</u> <u>FRUIT PARFAIT</u> w/Granola <u>OATMEAL</u> w/Cinnamon Buttered Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BLUEBERRY MUFFIN</u> <u>CHICKEN BISCUIT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk	<u>SMOOTHIE</u> w/Graham Crackers <u>MORNING SAUSAGE ROLL</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk
14	15	16	17	18
<u>YOGURT CUP</u> w/Graham Crackers <u>FRENCH TOAST STICKS</u> <u>CEREAL</u> w/Buttered Toast Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Jelly	<u>SCRAMBLED OMELET</u> w/Buttered Toast <u>SUPER GLAZED DONUT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>COCO PUFF PARFAIT</u> <u>OATMEAL</u> w/Cinnamon Buttered Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>CHOCOLATE MUFFIN</u> <u>SAUSAGE BISCUIT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>SMOOTHIE</u> w/Graham Crackers <u>BREAKFAST TACO</u> (BACON & EGG) <u>CEREAL</u> w/Cinnamon Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly
21	22	23	24	25
<u>BREAKFAST PIZZA</u> <u>MINI PANCAKES</u> <u>CEREAL</u> w/Cinnamon Buttered Toast Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BREAKFAST NACHOS</u> <u>HOMESTYLE CINNAMON ROLL</u> <u>CEREAL</u> w/Buttered Toast Fresh Fruit Chilled Fruit 1% Plain White & FF Flavored Milk Salsa	<u>CHICKEN-N-WAFFLE STICKS</u> <u>FRUIT PARFAIT</u> w/Granola <u>OATMEAL</u> w/Cinnamon Buttered Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BLUEBERRY MUFFIN</u> <u>CHICKEN BISCUIT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>SMOOTHIE</u> w/Graham Crackers <u>MORNING SAUSAGE ROLL</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly
28	29	30	31	
<u>YOGURT CUP</u> w/Graham Crackers <u>FRENCH TOAST STICKS</u> <u>CEREAL</u> w/Buttered Toast Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Jelly	<u>SCRAMBLED OMELET</u> w/Buttered Toast <u>SUPER GLAZED DONUT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>COCO PUFF PARFAIT</u> <u>OATMEAL</u> w/Cinnamon Buttered Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>CHOCOLATE MUFFIN</u> <u>SAUSAGE BISCUIT</u> <u>CEREAL</u> w/Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>SMOOTHIE</u> w/Graham Crackers <u>BREAKFAST TACO</u> (BACON & EGG) <u>CEREAL</u> w/Cinnamon Buttered Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly

Meal Prices
Student \$1.50
Adult \$1.50

CEREALS
Honey Nut Cheerios / Cocoa Puff / Fruit Loops
Cinnamon Toast Crunch / Frosted Flakes

DAILY OFFERINGS
1% OR FAT FREE FLAVORED MILK
CHILLED OR FRESH FRUIT

