

Covington ISD

Breakfast - All Grades

Jan 2, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 Student Holiday	Jan - 2 Student Holiday	Jan - 3 Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Jan - 4 Morning Sausage Roll Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Jan - 5 Breakfast Bar Cinnamon Toast Crunc Coco Puffs Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk
Jan - 8 Breakfast Pizza Cinnamon Toast Crunc Lucky Charms Frosted Flakes Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk	Jan - 9 Breakfast Chicken /Bis Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk Honey Jelly	Jan - 10 Breakfast Burrito Salsa Wheat Toast Orange Juice Cinnamon Toast Crunc Lucky Charms Frosted Flakes Banana Chocolate Milk Strawberry Milk White Milk Pineapple with Cherry	Jan - 11 Scrambled Eggs Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Jan - 12 Cinnamon Roll Wheat Toast Sausage Link Cinnamon Toast Crunc Lucky Charms Frosted Flakes Fruit Cocktail Apple Orange Juice Chocolate Milk Strawberry Milk White Milk
Jan - 15 Yogurt Cinnamon Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Peaches Orange Juice Banana Chocolate Milk Strawberry Milk White Milk	Jan - 16 Biscuit Cream Gravy Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Jan - 17 Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Jan - 18 Morning Sausage Roll Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Jan - 19 Breakfast Bar Cinnamon Toast Crunc Coco Puffs Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk
Jan - 22 Yogurt Cinnamon Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Peaches Orange Juice Banana Chocolate Milk Strawberry Milk White Milk	Jan - 23 Biscuit Cream Gravy Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Jan - 24 Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Jan - 25 County Fair	Jan - 26 County Fair

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Breakfast - All Grades

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 29 Breakfast Pizza Cinnamon Toast Crunc Lucky Charms Frosted Flakes Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk	Jan - 30 Breakfast Chicken /Bis Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk Honey Jelly	Jan - 31 Breakfast Burrito Salsa Wheat Toast Orange Juice Cinnamon Toast Crunc Lucky Charms Frosted Flakes Banana Chocolate Milk Strawberry Milk White Milk Pineapple with Cherry		

This institution is an equal opportunity provider.

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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