

Covington ISD

Breakfast - All Grades

Aug 14, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 28 Yogurt Cinnamon Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Peaches Orange Juice Banana Chocolate Milk Strawberry Milk White Milk	Aug - 29 Biscuit Cream Gravy Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Aug - 30 Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Aug - 31 Morning Sausage Roll Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Sep - 1 Breakfast Bar Cinnamon Toast Crunc Coco Puffs Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk
Sep - 4 Breakfast Pizza Cinnamon Toast Crunc Lucky Charms Frosted Flakes Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk	Sep - 5 Breakfast Chicken /Bis Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk Honey Jelly	Sep - 6 Breakfast Burrito Salsa Wheat Toast Orange Juice Cinnamon Toast Crunc Lucky Charms Frosted Flakes Banana Chocolate Milk Strawberry Milk White Milk Pineapple with Cherry	Sep - 7 Scrambled Eggs Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Sep - 8 Cinnamon Roll Wheat Toast Sausage Link Cinnamon Toast Crunc Lucky Charms Frosted Flakes Fruit Cocktail Apple Orange Juice Chocolate Milk Strawberry Milk White Milk
Sep - 11 Yogurt Cinnamon Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Peaches Orange Juice Banana Chocolate Milk Strawberry Milk White Milk	Sep - 12 Biscuit Cream Gravy Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Sep - 13 Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Sep - 14 Morning Sausage Roll Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Sep - 15 Breakfast Bar Cinnamon Toast Crunc Coco Puffs Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk
Sep - 18 Breakfast Pizza Cinnamon Toast Crunc Lucky Charms Frosted Flakes Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk	Sep - 19 Breakfast Chicken /Bis Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk Honey Jelly	Sep - 20 Breakfast Burrito Salsa Wheat Toast Orange Juice Cinnamon Toast Crunc Lucky Charms Frosted Flakes Banana Chocolate Milk Strawberry Milk White Milk Pineapple with Cherry	Sep - 21 Scrambled Eggs Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Sep - 22 Cinnamon Roll Wheat Toast Sausage Link Cinnamon Toast Crunc Lucky Charms Frosted Flakes Fruit Cocktail Apple Orange Juice Chocolate Milk Strawberry Milk White Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25	Sep - 26	Sep - 27	Sep - 28	Sep - 29
Yogurt Cinnamon Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Peaches Orange Juice Banana Chocolate Milk Strawberry Milk White Milk	Biscuit Cream Gravy Cinnamon Toast Cinnamon Toast Crunc Frosted Flakes Lucky Charms Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Oatmeal Wheat Toast Cinnamon Toast Crunc Lucky Charms Frosted Flakes Orange Juice Mandarin Oranges Banana Chocolate Milk Strawberry Milk White Milk	Morning Sausage Roll Cinnamon Toast Cinnamon Toast Crunc Coco Puffs Apple Juice Pears Banana Chocolate Milk Strawberry Milk White Milk	Breakfast Bar Cinnamon Toast Crunc Coco Puffs Wheat Toast Pineapple with Cherry Apple Juice Banana Chocolate Milk Strawberry Milk White Milk

This institution is an equal opportunity provider.

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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