

Covington ISD

Lunch - PK thru 8th Grades

Aug 15, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 28 Pepperoni Pizza Corn Carrot Sticks Ice Cream Cup Mandarin Oranges Apple Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Aug - 29 Barbecue Rib Chips Broccoli/Tomatoes Corn Rosey Applesauce Orange Chocolate Milk Strawberry Milk White Milk ONIONS,RAW Jalapenos	Aug - 30 Nachos Spanish Brown Rice Pinto Beans Lettuce K-8 Tomatoes Carrot Sticks Pineapple with Cherry Orange Banana Chocolate Milk Strawberry Milk White Milk Jalapenos ONIONS,RAW Home Made Sala	Aug - 31 Chicken Strips Cream Gravy Mashed Potatoes Spinach(frozen) Wheat Roll Pineapple with Cherry Orange Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Sep - 1 Tuna Sandwich Turkey/Cheese Sandwi Lettuce K-8 Tomatoes Chips Baby Carrots Mandarin Oranges Orange Chocolate Pudding Chocolate Milk Strawberry Milk White Milk Ranch Dressing Mustard Mayonnaise
Sep - 4 Corn Dog Turkey Broccoli and Cheese Carrot Stick w/Ranch Peaches Orange Chocolate Milk Strawberry Milk White Milk Mustard Ketchup PC	Sep - 5 Turkey and Gravy Au Gratin Potatoes Buttered Sweet Carrots Broccoli/Tomatoes Wheat Roll Rosey Applesauce Orange Banana Chocolate Milk Strawberry Milk White Milk	Sep - 6 Chicken Fajitas Whole Grain Spanish Pinto Beans Lettuce K-8 Tomatoes Apple Crisp Pineapple with Cherry Orange Banana Chocolate Milk Strawberry Milk White Milk Jalapenos ONIONS,RAW Home Made Sala	Sep - 7 Steak Fingers Mashed Potatoes Cream Gravy Spinach(frozen) Cucumbers/Tomatoes Peaches Apple Chocolate Milk Strawberry Milk White Milk Ketchup PC Barbecue Sauce	Sep - 8 Pepperoni Pizza Lettuce K-8 Tomatoes Corn Mandarin Oranges Ice Cream Cup Chocolate Milk Strawberry Milk White Milk Ranch Dressing
Sep - 11 Chicken Burger Lettuce K-8 Tomatoes Corn Pineapple with Cherry Orange Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Sep - 12 Alfredo Pasta with Chic Buttered Broccoli Cherry tomatoes salad Wheat Roll Peaches Orange Chocolate Milk Strawberry Milk White Milk	Sep - 13 Crisпитos W/Cheese S Pinto Beans Whole Grain Spanish Lettuce K-8 Tomatoes Carrot Sticks Apple Peaches Chocolate Milk Strawberry Milk White Milk Home Made Sala Jalapenos ONIONS,RAW	Sep - 14 Salisbury Steak/Gravy Mashed Potatoes Cream Gravy Green Beans Wheat Roll Peaches Orange Chocolate Milk Strawberry Milk White Milk	Sep - 15 Hamburger Baked Beans Lettuce K-8 Tomatoes Chips Ice Cream Cup Mandarin Oranges Apples Slices Chocolate Milk Strawberry Milk White Milk Ketchup PC Mustard Mayonnaise

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 18 Ravioli Veggie Dippers Breadstick Mandarin Oranges Orange Apple Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Sep - 19 Cheesy Chicken Green Beans Baby Carrots Cucumbers/Tomatoes Wheat Roll Rosey Applesauce Orange Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Sep - 20 Soft Taco Pinto Beans Lettuce K-8 Tomatoes Veggie Dippers Spanish Brown Rice Peaches Apple Chocolate Milk Strawberry Milk White Milk Home Made Sala Jalapenos ONIONS,RAW Ranch Dressing	Sep - 21 Chicken Strips Cream Gravy Mashed Potatoes Buttered Sweet Carrots Wheat Roll Pineapple with Cherry Orange Chocolate Milk Strawberry Milk White Milk Ranch Dressing	Sep - 22 Pepperoni Pizza Corn Carrot Sticks Ice Cream Cup Mandarin Oranges Apple Chocolate Milk Strawberry Milk White Milk Ranch Dressing
Sep - 25 Tuna Sandwich Turkey/Cheese Sandwi Lettuce K-8 Tomatoes Chips Baby Carrots Mandarin Oranges Orange Chocolate Pudding Chocolate Milk Strawberry Milk White Milk Ranch Dressing Mustard Mayonnaise	Sep - 26 Barbecue Rib Chips Broccoli/Tomatoes Corn Rosey Applesauce Orange Chocolate Milk Strawberry Milk White Milk ONIONS,RAW Jalapenos	Sep - 27 Nachos Spanish Brown Rice Pinto Beans Lettuce K-8 Tomatoes Pineapple with Cherry Orange Banana Chocolate Milk Strawberry Milk White Milk Jalapenos ONIONS,RAW Home Made Sala	Sep - 28 Chicken Fried Steak Mashed Potatoes Cream Gravy Broccoli and Cheese Sliced Tomatoes Wheat Roll Peaches Orange Chocolate Milk Strawberry Milk White Milk Ketchup	Sep - 29 Hot Dog Baked Beans Carrot Sticks Chips Ice Cream Cup Mandarin Oranges Apples Slices Chocolate Milk Strawberry Milk White Milk Mustard Mayonnaise Ranch Dressing

This institution is an equal opportunity provider.

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