

10/20/17 SHAC Meeting Minutes

The meeting started at 12:10 with Kara Mackey, Kristi Abrego, Eric & Dalese Black, Tonya Schreiber, Leslie Edens & Brooke Cagle in attendance.

First to order: Review of the CISD Wellness Plan by Leslie Edens.

- Free & reduced lunch packets sent home at the beginning of school. Resend in January. Teachers to send home flyers & posters present in cafeteria.
- Obstacles to sending home food over school breaks.
- Free meals available in the cafeteria- low turnout
- Community food bank open
- Attain copy of certificates received at Region 12 from cafeteria staff

Brooke Cagle, school nurse agenda presented

- Grant to plant a garden during ACE
 1. First Baptist Church has a community garden anyone can use- Transportation an issue
 2. Ace has already planted gardens in the past
- Tutoring for 7-12th graders
 1. Student must take responsibility and contact teacher for help
 2. Can work on homework during ACE
- Free healthcare provided in Waco, TX on January 27, 2018
 1. Hang posters around town, post on social media, all call, send flyers home with students.
- Nit Policy
 1. Only send students home if live bugs are present, otherwise can stay until end of the school day & be treated after school. This policy helps keeps students in class & from getting behind on their work.
- Color Run
 1. Decide to have to Field Day or a school fundraiser.
 2. When? Last two days of school in May?
 3. Transportation
 4. What ages? Don't want the younger students getting trampled by the older students
 5. Bounce house for littles prior to run
 6. Mrs. Nickell's class to make all natural color
- Jump Rope & Hoops for Heart starts Monday, October 30.

- Employee Wellness Programs: Integra Wellness coming April 20, 2018 & The AMA blood pressure monitoring program
 1. Integra not covered by insurance
- Young Life? There is no current Young Life Program, but the First Baptist Church does have a youth group on Wednesday nights along with the Fellowship of Christian Athletes has been started and has a great turn out.
- New Sex Ed Program
 1. Finding a new program that will work well and be cost effective
 2. During the spring?
 3. Counseling student volunteer to present to students.

Meeting adjourned at 1:35. Next meeting to be on December 8, 2017.